

SPEND THE SUMMER ON THE WATER



with Port Rowing

Middle School Camps

for Rising 7th-8th graders

Developmental training camps geared to build a foundation in sculling, learn proper boat handling, and have some fun!

High School Camps

for rising 9th - 12 th graders

Training camps for both the experienced rower and for those new to the sport. Participants will train in small boats to maximize water time and gain valuable experience.

Mondays - Fridays

8 am - 11 am

Times & days for both
middle school and
high school

**3 TWO-WEEK
SESSIONS**

Choose 1, 2,
or all 3 sessions.



visit www.portrowing.org

boathouse location: 141 West Shore Rd. North Hempstead Beach
Park, North entrance #2, Port Washington, NY 11050